

SAFE LIFE UGANDA (SLU)

"LIGHT AT THE CORNER"

TOP INTERNATIONAL TENNIS INSTRUCTOR (A) JOINS OUCHA TO FIGHT HIV/AIDS





Focused Mind:

Above, Mr Bosco Ofoyoru prepares for an evening tennis training session (Photo courtesy of Safe Life)

By Tony White Uganda

Uganda based International Tennis Coach Mr Bosco Ofoyoru, 39, has joined the queue of some world famous personalities regularly budgeting time and funds to enhance multi sectoral fight against HIV/AIDS and other killer diseases across the globe.

Please read on;

Mr Ofoyoru disclosed his new mind set during a brief meeting with Safe Life researchers venued at Upper Naguru, Uganda, September 09.

"I promise to budget valuable time and above all involve a network of my students across the world to mobilise resources in support of Anti-HIV/AIDS campaigns. My focus is that of giving tennis a visible face in the struggle against the scourge."

Adding that:

"Through tennis clinics and other tennis programmes, HIV/AIDS preventive and care information shall be streamlined and served as purely simple package to members and through members it will flow to non members indiscriminately and without hindrance."

Presenting an account of how special tennis is, Mr Ofoyoru says:

"Unlike football and other sports, tennis can be played from a lower age of say 3

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SLICE OF LIFE

- Born in 1971 to a police officer Mr Paul Ofoyoru and Mrs Margaret Namwanje Ofoyoru
- Sailed through formal education in Uganda. He focused on tennis administration and management
- Has friends and associates across the world established over 25 years
- Married with children
- Has special passion for tennis which he started playing at age 11
- Has been training the white community in Uganda for many years
- Has natural love for humanity

LAWYERS, TEACHERS AND DEVELOPMENT CONSULTANTS COMMEND OUCHA

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Anthem Gazetted in: THE UGANDA GAZETTE



XII, -7-11-PCI-NKU, 1st Nove

Ref: XCVIII, No. 15 of March 18, 2005



"AN EQUAL OPPORTUNITY
INTERACTION"











"ACTION FROM THE SPORTS WORLD"

From page 1

to an upper age of 95. We are soon introducing tennis for the elderly to help improve lives of people in the said bracket. You know, tennis does not require a lot of energy to play and gives sustainable mental health."

The coach reflects and regrets the absence of community tennis courts in Uganda, a situation which has so far denied hundreds of people opportunity to learn tennis:

"It is not very expensive to join a tennis club. For instance an annual fee of between \$200 to \$3000 is charged but such fees may also cut off many potential students. For health's sake, authorities should consider establishing community tennis courts in major town centres."

The coach says, "Even HIV/AIDS positive people will derive greater relief when they are engaged in numerous tennis programmes designed to reduce stress, improve bodily and mental health giving an individual abundant life free of things like heart attack, obesity among others. Actually, in the absence of community tennis courts, Uganda has got a lot to lose."

Reflecting on the scope of devastation caused by HIV/AIDS, the coach courageously named his close biological brothers and sister whose lives were reportedly attacked by the dangerous monster HIV/AIDS and they surrendered to death in pain leaving a gap in their family

that shall never be bridged by anything.

"Oh, give me a moment of silence. It is still fresh on my mind that Eric Ofoyoru, a fellow tennis coach and brother suffered the same way. Actually, a sister and another brother too left this world under pain." explains Ofoyoru with visible emotional pain.

Mr Ofoyoru draws his strength from these and other emotional challenges punctuated by loss of close relatives and rampant devastations caused by HIV/AIDS across Uganda and Africa. He will possibly

use it as a source of inspiration to fight the scourge.

On local innovations for International benefit, the coach promised to work hand in hand with the composer of the HIV/AIDS Anthem and make sure that the inspired work reaches a broader audience across the globe.

Uganda as a country has over 20 tennis instructors with some reportedly based in the UK and the USA.

"The country has over 20 instructors

Time to smile:

Above, Mr Ofoyoru (Coach) shares a light moment with Ms Angela Barber, a British Airways employee who is a regular tennis player at Sheraton tennis court. (Photo Courtesy of Safe Life)

> scattered around the world. We have no tennis academy here; the nearest tennis school is situated in Nairobi reportedly established by the Williams sisters."

> Mr Ofoyoru has on record about 2000 students across the world and provides training sessions to over 250 children within Kampala city. He manages tennis programmes at Sheraton Hotel, Uganda and Kabira Country Club, Uganda a schedule that keeps him busy week-inweek-out.

Please watch this space.



Action time:

Both Mr Ofoyoru and Angela are out for an action packed session. (Photo Courtesy of Safe Life)



"A PUSH FROM THE BUSINESS CORNER"



British Airways employee, Angela Barber cools down with a cup of Uganda fresh water after exercises. She says," I love tennis, it keeps me looking young and lovely" (Photo Courtesy of Safe Life)

HOW SAITE ARE CHILDREN IN THE HANDS OF SOME AMIDRICANI PANTH BASICID ORGANISATIONS

Bv Safe Life Team Uganda

Following rampant queries on the activities of some NGOs in Uganda, our team of investigators on child affairs and child wellbeing have evidently discovered that some faith based Organisations with American origin are actively involved in registration and care for children services they deliver without basic knowledge let alone the awareness / registration with relevant authorities.

In Makindye Division, Kampala, Uganda, an American faith based Organisation was found to be housing about 30 children in a very limited space, a situation that exposed the young ones to untimely disaster. It was also found that children were being underfed due to insufficient cash flows from the USA that could not match the rush and increasing registration of such children.

"Truly speaking, we have these faith based Organisations enrolling our children for education and care but most of them are not registered with the NGO board and they squeeze our children in small rooms, a situation which is



\$ 700 per month

- Flats 6 spacious units, 3 bedrooms per unit.
- Fully tiled, good road access, stable power / water supply.
- Modern facilities and fittings, adequate parking yard.
- Can serve as residential or office premises.
- \$ 700 per month for each unit payable 6 or 12 months upfront
- Work in progress.
- Requires an Organisation or Company to rent as a block.
- Location: Nsambya, five minutes walk from the American Embassy.

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likely to lead to untimely disaster" says a parent who, due to family poverty, has surrendered his child to an American faith based Organisation operating in Makindye Division.

Meanwhile, in Jinja Municipality in Uganda, some elderly American couples also indulge in child care without basic understanding of the services supposed to be offered to such children.

"It is good some Americans are coming to take care of our children but they should involve qualified persons such as nursery teachers and nurses for better and standardised provision of services. They should also register with the NGO board and head count of such children be taken routinely to avoid cases of missing children" says a concerned parent.

Speaking on condition of anonymity, a resident of Jinia savs.

"Oh, we are being photographed for fundraising abroad but can we even see the money? These elderly Americans only come to enjoy the fresh Nile breeze. Let them help us indirectly to take care of our own children."

In yet a twist of events, it was discovered that some of these members of faith based Organisations become excited to the extent that they fail to extend their stay and continue living in Uganda illegally a condition that can lead to embarrassment and humiliation especially when an American is nabbed like grasshoppers in Ugandan villages performing petty duties in the name of helping Ugandan children.

You know what, the lady you see there has over stayed in the country and she fears to get visa extension. Actually, this is how they behave" says a middle aged man on condition of anonymity.

Here at Safe Life Uganda, we ask you, How safe is your child in the hands of such Organisations?

Please watch this space.

From page 1

By Safe Life Team Uganda

After sixteen solid years of a frontline struggle against HIV/AIDS, Patrick Donald Oucha now enjoys praise, appreciation, words of encouragement from sections of the legal fraternity, teachers and development consultants in Uganda. Most of whom are impressed by the design and content of the Safe Life magazine currently circulating besides the HIV/AIDS Anthem.

"It is amazing to see that this health magazine is being published locally and above all reaching the reader without a cover price. I love the articles there in, please leave the pages at 4, these days people do not have time to read volumes" a secondary teacher at Greenhill Academy explains on condition of anonymity.

On the other hand, a prominent development consultant in Kampala had soft words.

"This is a wonderful development from an indigenous mind. I know all along some thing developmental was in the pipeline. We do encourage Mr Oucha to manage challenges and move ahead. It will not surprise Ugandans if greater things are also achieved through his innovations. "A development consultant based at NIC building in Kampala speaks enthusiastically.

Meanwhile, cross sections of learned friends are also calling to thank Oucha for having gazetted the HIV/AIDS Anthem, a condition that will protect / safe guard the property from plagiarism, infringement and above all attract revenue for the country as the property now qualifies for royalties.

On the other hand, the Anti HIV/AIDS Anthem found price level at Angal Secondary School as the 300 copies supplied to the school were not enough prompting students to voluntarily set price creating selective access to the publication. A copy was without difficulties accessed at UGX 1000 (One thousand shillings) each. The stock of 300 copies sold out in 25 minutes

"We could not help it but to allow students access a copy at UGX 1000 (One thousand shillings) only so as to avert commotion as hundreds rushed for copies"

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Please enjoy the peace of your home:

- Practice routine HIV/AIDS testing
- Remain faithful
- Abstain where necessary Why die young?



SAFE LIFE UGANDA (SLU)

ANTI-AIDS ANTHEM COMPOSED AND TESTED IN UGANDA



Mr. OUCHA PATRICK Ugandan Poet

KAMPALA ACADEMY
PRIMARY SCHOOL







ONE MOMENT, SOMEDAY HIV/AIDS WILL SURRENDER CRAVE A.B.C, VCT, ARVs.... GO TEST NOW

KEEP ON FIGHTING
LET LIFE FLOW
DON'T DIE YOUNG
WHY DIE YOUNG

COME CLOSER GOD
AIDS WILL VANISH
HEAL THOSE INFECTED
BLESS THOSE AFFECTED











Ombaci
First Among Equals





B: Be faithful or be careful
C: Change behavior or character fransformation.......
VCT: Voluntary, Counseling and Testing Services

ARV's: Anti-AIDS Drugs or Anti-retroviral

TESTED IN UGANDA 2003

Composed by Patrick Donald Oucha

After he has successfully sensitized the YOUTH in over 2,500 Schools, Presented Anti-AIDS Programmes on 20 FM Radio Stations and a National Television between 1994 & 2004. The Anthem is designed to strengthen and sustain success stories registered against the HIV/AIDS scourge.

It has been approved by Directorate of Music as a Classic piece against the HIV/AIDS scourge.

Anthem Gazetted in: THE UGANDA GAZETTE

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IT'S YOUR FAMILY WEAPON AGAINST AIDS!!!

"Please Pick me, Read me, Share me and Take me Home." Designed & Printed by Henros & Company Ltd